



OCTOBER 2017 CACInsider

Greetings!

CACI is dedicated to enhancing the capabilities of those individuals and agencies who work with child abuse victims within CAC settings. We pride ourselves on being a central resource for information and assistance and we offer a broad array of educational training opportunities for CAC personnel and multidisciplinary team members.

October has been a whirlwind (and we LOVE whirlwinds)! ChildFirst training was held Oct 2-6, MDT Facilitator training took place Oct. 17-18, the first VOCA site visit was successful and the #TakeAPie4CACI fundraiser has been getting fired up!

We hope that you are enjoying all that Fall brings!!



ON THE CACI STAGE WITH...

Rosemarie King Grindy,
CACI Board President



How you did you get first involved in with CACI

My brother is the "Billie" in Massachusetts. When I told him I was interested in volunteer work with child advocacy, he told me to contact her. I believe she contacted me first!

What do you wish people knew about CACI

What CACI does and how important this work is to so many people.

What is your favorite all-time movie?

I don't have a single favorite. It depends on my mood. A Room with a View is up there, though. Today, anyway.

What does true leadership mean to you?

Working with others to achieve a common goal, listening to other viewpoints, directing respectfully when necessary, and accepting responsibility for one's actions.

What three traits define you?

Dedicated, Compassionate and Optimistic

How would you describe your day job to a 6 year old child?

I help people learn.

You're hosting a dinner party. Who are the 3 people, living or dead, you would invite and why?

1. Nelson Mandela: 27 years in prison without bitterness or self-pity (how?) to become first black democratically elected President of South Africa.
2. Elizabeth Warren: Because nevertheless she persisted.
3. Thomas F. King, my uncle. Because I'd hear family stories and his life stories that I never got a chance to ask him about and because he would really enjoy Nelson and Elizabeth.

At 6pm tomorrow, you walk out your door and find a winning \$10 million dollar lottery ticket. What is the first thing you would do?

Pay off my children's school loans and write a huge check to CACI (I cheated; that's two things)

What celebrity do people think you look like?

No idea.

What is your favorite thing about serving on the CACI Board of Directors?

Feeling that I'm involved, however tangentially, in the essential work of protecting children. And the amazing people on the board and at CACI whom I never would otherwise have met (I cheated again).



Crystal Lake School District 47 presents sexual abuse awareness programs to students



The Be Seen and Heard sexual abuse awareness program fulfills the Erin's Law mandate, a law that requires all public schools to implement annual age-appropriate sexual assault and abuse awareness and prevention curriculum for students in pre-K through 12th grade, according to a District 47 news release.

[Continue reading....](#)



CACI has begun a new awareness and fundraising campaign and we would be thrilled if you would consider getting involved.

Would you challenge your staff to raise money and "pie" you or you could get your MDTs to participate and see who gets chosen to be the "pie" taker!!

To join the #TakeAPie4CACI Challenge

#1: Take a minute to go and like the [TakeAPie4CACI Facebook page](#).

#2: Challenge your friends/family/team members/co-workers/etc to "pie" you OR ask your local Mayor/School Principal/Chief of Police/etc if you can "pie" them – decide on your goal (\$\$\$) and **GO FOR IT!**

#3: Make your "pie" moment unique, unforgettable and fun!! But don't forget to record it and share with us!!!

#4: Tell us about it by posting the video to your social media accounts, tag the TakeAPie4CACI page and use #TakeAPie4CACI – this will help spread the word as this fundraiser will not work without YOU!

If you have any questions, click the button below or click [HERE](#) to email Michelle.

#TakeAPie4CACI Information Here

Check out some of our **AWESOME PIE-**
ticipants





MDT FACILITATOR TRAINING

What an amazing group of participants from our 1st MDT Facilitator Training in Illinois! Participants spent two days networking, assessing their own leadership strengths and challenges, problem solving, and discussing how to best resolve conflict and develop our MDT's. Special thanks to Marcia Milliken from Minnesota Children's Alliance for co-presenting with me.

The next session for this training will be held in Springfield on December 12 and 13th.

Please [email](#) me with any questions.

Kim Mangiaracino

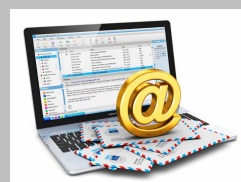
Statewide

MDT Coordinator





Email Kim Mangiaracino



OMS has officially transitioned to the Qualtrics survey system starting September 1st! Hoping that CACs are finding this system even more user friendly, NCA is now forming a development committee to discuss specific questions and wording for those questions. Look for all positive changes as we move forward in gathering this important feedback from caregivers and our MDT's.

If you are not currently enrolled in Qualtrics's (OMS) or if you are enrolled

Fall is here and you know what that means!! Our ChildFirst Training kicked off the beginning of end of 2017.

ChildFirst Illinois Fall 2017 had 41 students in it's graduating class. This class consisted of 24 CAC employees, 9 Law Enforcement Officers and 8 DCFS Investigators. Participants spent 4.5 days learning how to conduct a neutral, non-leading, fact finding, age developmentally appropriate interview for the purpose of addressing allegations of abuse. There were an additional 8 participants who came for a one-day protocol update on changes that have been made to ChildFirst. A special thank you to our faculty who were, as always, fantastic trainers: Mike Burns, Kim Mangiaracino, Adam Ghrist, Andrea Longtin, PRC Dr. Channing Petrak, Shawntae Jones, Michelle Hawley and Betti Mucha.

What's next you ask? Our Annual Advocate Training November 15th, 16th and 17th at the President Abraham Lincoln Hotel in Springfield, IL. This is not a training that you will want to miss out on. Registration closes on Oct. 26th so be sure to look for more information in this edition of CACInsider!

Sincerely,
Cara





Email Cara Vock



17th Annual NOV. 15-17, 2017 ADVOCATE TRAINING

\$250 Registration fee includes
Hotel (Wed & Thur)
Mac N Cheese Bar Networking Evening (Wed @7pm)
Breakfast (Thur & Fri)
Afternoon Snacks (Thur & Fri)
Training Materials
4 Fantastic Speakers!



President Abraham Lincoln Hotel
Springfield, IL

LAST DAY TO REGISTER IS THURSDAY, OCTOBER 26TH!!!

If you have any questions, contact Cara Vock at (815) 973-6777 or at
cara@cacionline.org

"Designed to meet NCA Standards for victim advocates remain current on developments in the fields relevant to their delivery of services to children and families and to continue to develop their expertise" - Section 4B:
Statement of Intent - "Putting Standards Into Practice", NCA

REGISTER HERE FOR ADVOCATE TRAINING

WHAT IS A CAC?

To understand what a Children's Advocacy Center (CAC) is, you must understand what children face without one. Without a CAC, the child may end up having to tell the worst story of his or her life over and over again, to doctors, cops, lawyers, therapists,

investigators, judges, and others. They may have to talk about that traumatic experience in a police station where they think they might be in trouble, or may be asked the wrong questions by a well-meaning teacher or other adult that could hurt the case against the abuser.

When police or child protective services believe a child is being abused, the child is brought to the CAC—a safe, child-focused environment—by a caregiver or other “safe” adult. At the CAC, the child tells their story once to a trained interviewer who knows the right questions to ask in a way that does not retraumatize the child. Then, a team that includes medical professionals, law enforcement, mental health, prosecution, child protective services, victim advocacy, and other professionals make decisions together about how to help the child based on the interview. CACs offer therapy and medical exams, plus courtroom preparation, victim advocacy, case management, and other services. This is called the multidisciplinary team (MDT) response and is a core part of the work of CACs.

REFERENCE: National Children's Alliance (NCA) [website](#)

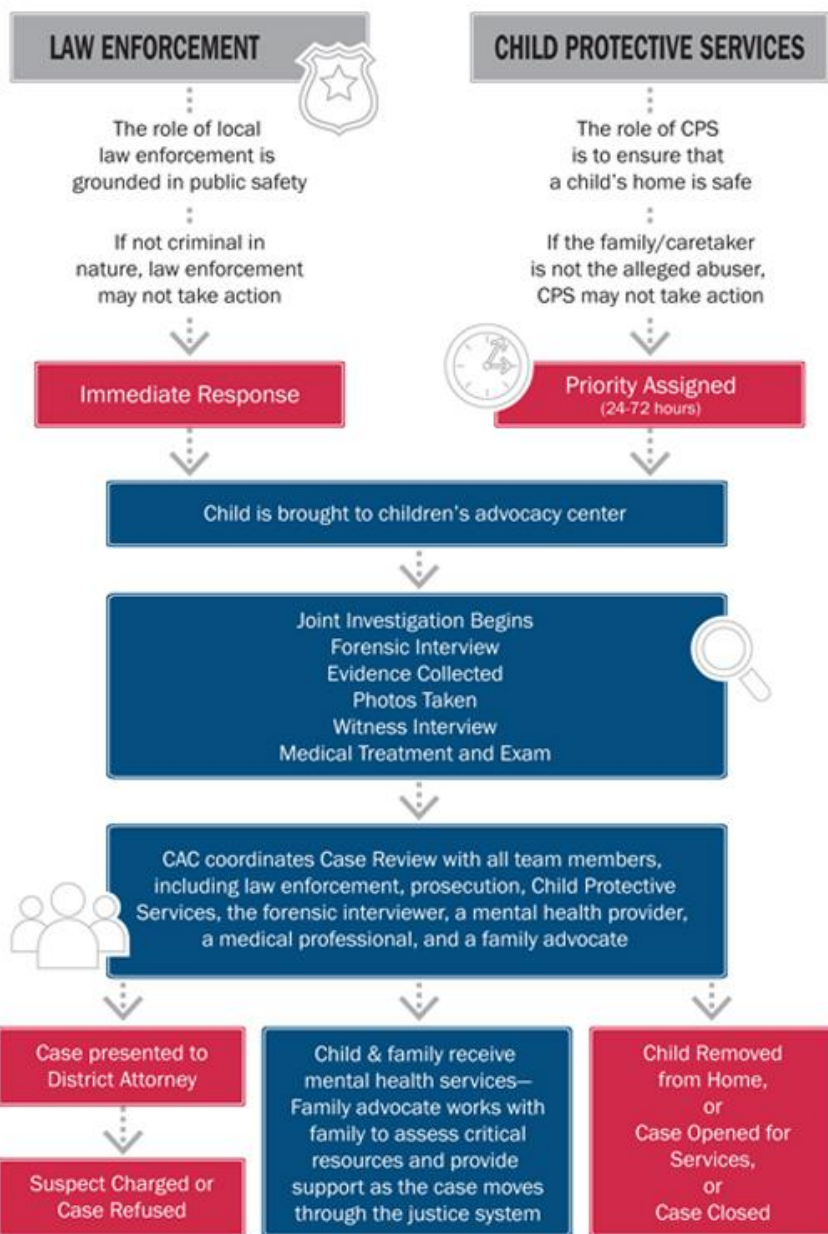
HOW DOES THE CHILDREN'S ADVOCACY CENTER MODEL WORK?



Core Function of CAC



Function Provided by a Team Member



MOR

MORInsight Blog

10/10/2017

GET GRITTIER

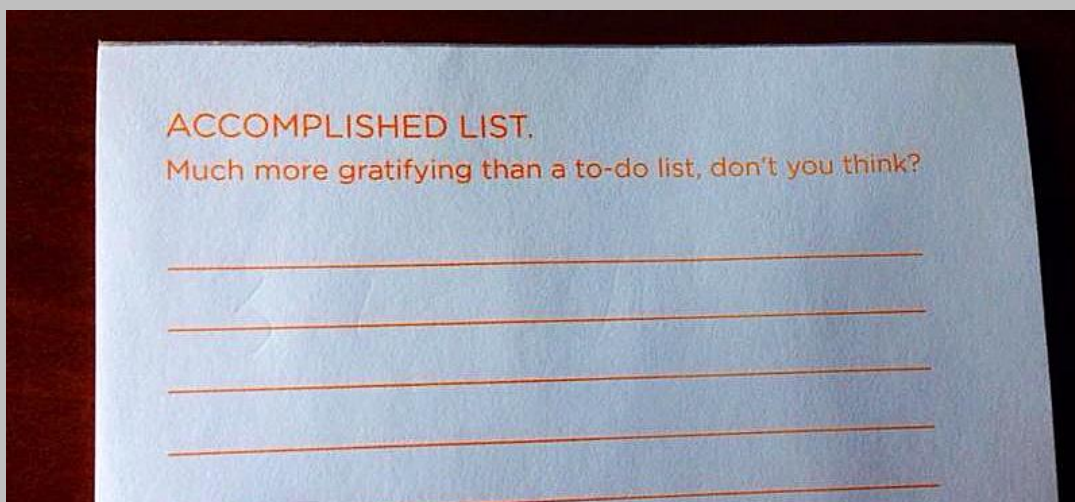
Blog by: Jim Bruce

I've written before on grit ([see here](#)), about having stamina, about sticking with what you've chosen or been led to do, your future, day in,

day out, not just for a week, nor for a month, but for years, working really hard to make that future a reality. Grit is a marathon, not a sprint. To succeed, leaders have to have grit in abundance.

Recently, I came across a piece by Travis Bradbury*, **11 Signs You Have the Grit You Need to Succeed**, and it challenged me to ask myself his questions. And, that, in turn, suggested that I needed to step up in several areas. So, let me challenge you to “get grittier” by sharing his list of things you should be doing regularly to become grittier.

1. You have to make mistakes, look like an idiot, and try again, without even flinching. Don't stress out about what went wrong. See it as a small and necessary step in the process of reaching your goals.
2. Continue to fight when you already feel defeated. When the going gets hard you have a choice: You can either overcome the obstacle and grow in the process, or you can give up. And, given human behavior, if you give up it becomes so much easier to give up the next time. When you push through the issue, your grit grows.
3. You have to take the actions you're afraid to take. It may be having a difficult conversation, starting a difficult project, abandoning an activity, etc. because it is the right thing to do. [Continue reading here](#)





Certified Child Abuse Pediatrician with MERIT, UIC Child Protection and Advocacy Team

- Bruises
- Fractures
- Burns
- Abusive head trauma
- Sexual Abuse

Aurora Police Department - Community Room
1200 E. Indian Trail
Aurora, IL 60505

To register or have questions, contact:
Detective Jen Hillgoth
cosentij@apd.aurora.il.us
Phone: 630.256.5554



UNIVERSITY OF ILLINOIS
COLLEGE OF MEDICINE
AT ROCKFORD

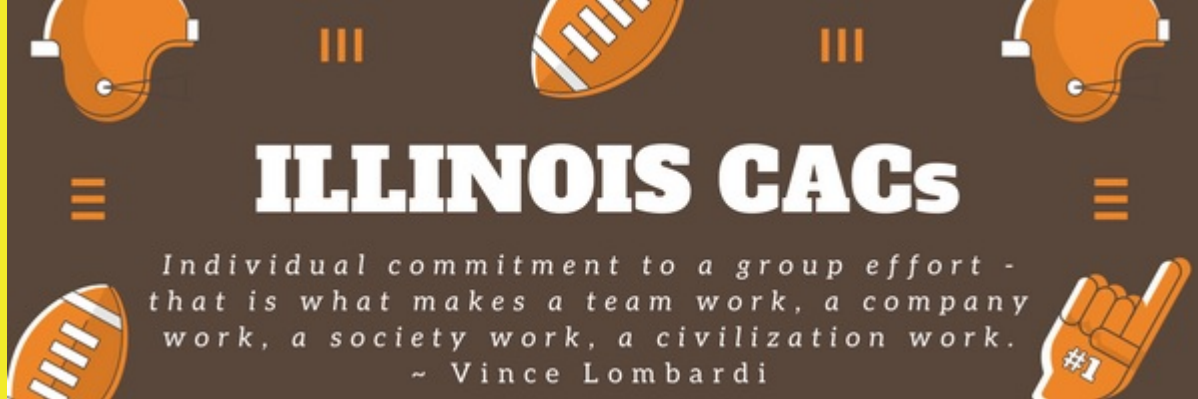


Most of us are afraid of failure.

And with good reason! Failure as a nonprofit leader can have massive repercussions, impacting the lives of thousands, if not millions, across the globe. And so we take every precaution to ensure that we don't fail, keeping things small and avoiding risk.

Continue reading....





ITW & United Way volunteers paint interior of new Will County Children's Advocacy Center

Volunteers from ITW Deltar Fasteners in Frankfort and the United Way of Will County recently dipped brushes into buckets to put a fresh coat of paint on the walls of what will be the new offices for the Will County Children's Advocacy Center.

ITW and United Way volunteers spent two days painting the interior walls of the building at 304 N. Scott St., Joliet. The building will become the new home for the Will County Children's Advocacy Center when the staff moves in at the end of November. The center's current building will be demolished to make way for the new Will County Courthouse.

"This tremendous gesture by ITW and its volunteer workers put the Children's Advocacy Center a major step closer to occupying a new building where the staff can pursue its mission of bringing hope, healing and justice to sexually abused children," said Will County State's Attorney James Glasgow, who chairs the Center's Board of Directors. "Community partnerships with socially responsible corporations like ITW play an important role in enabling the Children's Advocacy Center to conduct its important work on behalf of vulnerable children."

"It was great to be able to support and to help out locally. Community involvement is one of our core values, and it was a pleasure to serve the Children's Advocacy Center," said Joel R. Lee, ITW United Way division chairman.

Will County Executive Larry Walsh and the Will County Board agreed to buy the building, which had housed the Will County Center for Community Concerns, and invited the Children's Advocacy Center to use the space. Two Will County Board members, Mike Fricilone and Herb Brooks, sit on the Center's board of directors.

"By taking these important steps to ensure the Children's Advocacy Center has a home, Larry Walsh and the County Board have displayed tremendous leadership and a deep commitment to protecting abused children," Glasgow said.



State's Attorney James Glasgow shakes hands with United Way of Will County employee Sarah Oprzedek at the future site of the Will County Children's Advocacy Center in Joliet



ITW employee Kenny Dearing uses a roller brush to paint an office cubicle at the future site of the Will County Children's Advocacy Center in Joliet.



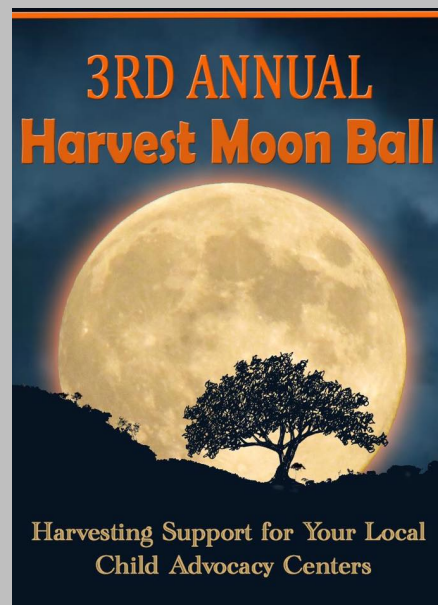
3rd Annual Harvest Moon Masquerade Ball



Come support a great cause at The 3rd Annual Harvest Moon Masquerade Ball on Friday, November 3rd.

Enjoy great food, music, a silent auction, and help support your local child advocacy centers. This is a joint fundraiser for the Perry-Jackson Child Advocacy Center and the Franklin Williamson Child Advocacy Center.

The Masquerade Ball will be held at Legends at Walker's Bluff with a formal dinner. Tickets are \$50 and must be pre-purchased. Business casual or formal attire and bring your masquerade mask if you would like!



Both organizations are not-for-profit agencies that serve children birth through

age 18 who have been victims of child sexual abuse and/or serious physical abuse. Their mission is to provide a child friendly setting to conduct forensic interviews of child victims and provide the family with support services throughout the abuse investigation. They both work in a multidisciplinary team environment to produce the best outcome for the child victim and their family.

Celebrating 25 years of CAC services in Franklin and Williamson counties and 15 years in Perry and Jackson counties.

Timeline for the Harvest Moon Masquerade Ball:

6pm: Cocktail Hour with live music.

7pm: Dinner Buffet with live music.

8:30pm -11pm: DJ, Drinks, and Dancing!

You can purchase tickets online [HERE](#) or by calling one of the Advocacy Centers. Sponsorship opportunities available!

***Franklin- Williamson Child Advocacy Center at 942-3800**

***Perry-Jackson Advocacy Center at 357-2990.**

ChicagoCAC has a few things going on, including a new playground courtesy of two generous donors, Monica and Rob Breslow! Children are already enjoying the beautiful new space, tucked safely away in an atrium. One staff member shared a child's experience:



I took my client out to the playground yesterday, and as soon as we walked into the area, she exclaimed, "It's a dream come true!!" She proceeded to explore every single feature, all the while cheering things like, "There's a telescope! I can see the building next door!" and "There's a mirror! I can see you!" She said several times, "All the kids are going to have so much fun!"

View photos of the grand opening party on ChicagoCAC's Facebook page by clicking [here](#)

We also recently had a staff member at a national conference, presenting on our partnership with Chicago Park District. ChicagoCAC's Education, Outreach and Prevention Program Manager Julia Strehlow, MSW, LCSW, recently co-presented with Chicago Park District at the National Recreation and Park Association Conference. The center partners with the park district to train all parks staff on preventing, recognizing, responding to and reporting child sexual abuse. The center also provided policy consultation and helped develop systems-wide procedures to prevent abuse and identify children who need help. The partnership



between ChicagoCAC and Chicago Park District is used as a model nationwide.

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